

Core Curriculum

2 Foundations of Islam - Theology

2.9 **The Islamic Concept of the Nafs: Battling the Human Ego**

Word: Fitrah

Meaning: Spiritual self

Word: Nafs

Meaning: Inner self or egoic self that commands to evil

Word: Al-Qalb al-Salīm

Meaning: The pure heart that is devoid of sin and full of the remembrance of God. This is the goal of mankind.

Word: Hawa

Meaning: Whims

Word: Shaytan

Meaning: The Devil, Satan

Word: Pride

Meaning: In Islam, it is thinking we are better than others and/or know more than God.