

## Core Curriculum

### 3 Foundations of Islam - Obligatory Acts

#### 3.8 The Hajj Pilgrimage

**Word:** Muzdalifa

**Meaning:** A plain where Muslims must lead prayer vigils during the Hajj pilgrimage.

**Word:** Safa and Marwa

**Meaning:** Hills Muslims must pace between during Hajj rituals.

**Word:** Umrah

**Meaning:** The lesser pilgrimage. Similar to Hajj, but performed outside the Hajj season. It is not obligatory.

**Word:** Day of Arafah

**Meaning:** Most important day of the Hajj pilgrimage, 9th day of the Islamic month of Dhū al-Hijjah.

**Word:** Zamzam

**Meaning:** Spring of water in Mecca, appeared miraculously when the Prophet Ismā'īl (as) was dying of thirst.

**Word:** Hajj

**Meaning:** Pilgrimage to Mecca that all Muslims must perform at least once in their lifetime.

**Word:** Ka'ba

**Meaning:** Cube shaped building which is the direction for Muslim prayers. It is also the building around which Muslims circumambulate during the Hajj pilgrimage.

**Word:** Tawāf

**Meaning:** Circumambulation around the Ka'ba seven times in counter-clock wise fashion.