

## Core Curriculum

### 3 Foundations of Islam - Obligatory Acts

#### 3.2 **Jihād in Islamic Law and Spirituality**

**Question:** What is the best way to struggle against my evil nafs?

**Answer:** Develop the habit of saying “no” to it.

**Question:** What is al-Nafs al-Ammārah?

**Answer:** It is the self or ego which commands us to do evil. It is what Muslims must struggle against.

**Question:** What is Jihad al-Asghar?

**Answer:** It is the minor Jihad, it is defending oneself or one’s community against warring aggressors.

**Question:** What is Jihad al-Akbar?

**Answer:** It is the greater Jihad, it is the jihad against one’s evil desires.

**Question:** What is Jihad?

**Answer:** Jihad is struggle against evil