

Core Curriculum

3 Foundations of Islam - Obligatory Acts

3.2 **Jihād in Islamic Law and Spirituality**

Question: What is the best way to struggle against my evil nafs?

Answer: Develop the habit of saying “no” to it.

Question: What is al-Nafs al-Ammārah?

Answer: It is the self or ego which commands us to do evil. It is what Muslims must struggle against.

Question: What is Jihad al-Asghar?

Answer: It is the minor Jihad, it is defending oneself or one’s community against warring aggressors.

Question: What is Jihad al-Akbar?

Answer: It is the greater Jihad, it is the jihad against one’s evil desires.

Question: What is Jihad?

Answer: Jihad is struggle against evil