

Core Curriculum

3 Foundations of Islam - Obligatory Acts

3.12 **Niyya: Religious Intention as the Foundation of Islamic Practice**

Question: What is niyya?

Answer: Niyya is the proper intention of reaching closeness to God that one must make before most religious practices are undertaken.

Question: What is good niyya?

Answer: Good niyya is qurbatan ila-Allāh, wanting to reach closeness to God and nothing else.

Question: What is bad niyya?

Answer: Performing a religious action or duty for the sake of something or someone other than Allah.

Question: Is niyya outward or supposed to be from the heart?

Answer: Heart

Question: What is one way of learning how to have good niyya?

Answer: Gaining Islamic knowledge, learning what is truly right and truly wrong in Islam.